



PROGRAM - TERM 2, 2021
Tuesday 15 June - Thursday 19 August

MONDAY 10.00 – 11.00 am

- L German Conversation (9.45am – 11.00am) Antje Fox Board Room**
New and continuing students with a prior knowledge of German are very welcome. The course will focus primarily on conversation, and will include some grammatical assistance.
- SS Calm, Abiding Meditation Emilia Della Torre The Retreat**
Meditation enables you to identify the real causes of unhappiness and recover from stress, anxiety, and tension. Calm Abiding Meditation, also known as Shamatha, is a natural process that helps you to focus better on ordinary tasks and become more relaxed and peaceful. This Buddhist technique of mindfulness has attracted much interest from modern scientific fields such as psychotherapy and cognitive behaviour as well as sport training.
- S Astronomy and Space Science An online program Peter Taylor On Zoom**
We will continue with the examination of the latest news and science from space.
- SS My Life in Australian Politics Margaret Reynolds Lecture Theatre**
Week 1: Where did I start and why? Week 2: What is politics ? Week 3: Learning the culture of party politics. Week 4: Community politics. Week 5: Getting elected. Week 6: Roads Rats Rates and Rubbish. Week 7: The Accidental Senator. Week 8: Ministerial Politics. Week 9: International Politics.

MONDAY 11.30 am- 12.30 pm

- H Writing Workshop 11.15 am-12.30 (Max 15) John McRae Board Room**
After topics are explored in class the writing is done at home. Finished work is discussed in class with constructive comments by group members and tutor, in a relaxed atmosphere.
- L Basic German Antje Fox The Retreat**
We hope to build on members' existing level of German through conversation, and to extend their knowledge of vocabulary in a relaxed atmosphere.
- H The Sword in the Stone: (5 weeks: 21/6-19/7) Michael Bennett Lecture Theatre**
A Surprising History of the British Royal Succession. In this 5-week course, Michael Bennett discusses the disorderly descent of the crown(s) from the Dark Ages to around 1700.
- SS Highlights of my Journey (4 weeks: 26/7-16/8) Various speakers Lecture Theatre**
Four speakers will share with us some of their life's journey: Peter Ball, Sue Jones, Peter Duncan Jones, and Basil Sansom.

MONDAY 1.00 - 2.00 pm; 2.00 - 3.00 pm

- L Italian: The first steps Gianna Staples Board Room**
The beginners class will need a copy of *Unlocking Italian with Paul Noble*, available on the internet. You will learn Italian vocabulary, grammar, and expressions for the most common situations. This course is ideal for preparing you for a visit to *il bel Paese*.

- L Italian: Ancora un po' (2.00 to 3.00 pm) Gianna Staples Board Room**
 In this course you will develop more advanced skills through practising conversation, reading, using digital resources, extending vocabulary, and making connections with grammar. The course will attempt to meet your needs in making you more proficient in communicating in Italian. No books are required; but if you already have a copy of *Easy Italian Step by Step*, feel free to bring it along.

TUESDAY 10.00 – 11.00 am

- H A Disastrous Decade of Diplomacy: The Appeasement of Fascist Dictators in the 1930s. (5 weeks: 15/6-13/7) Peter Boyce Lecture Theatre**
 This course will analyse the so-called "Twenty Years Crisis" that followed World War I, highlighting the ascent of Adolph Hitler and Benito Mussolini and the collapse of collective security guarantees at the League of Nations.
- S The Alexander Technique (Max 15) (5 wks 20/7-17/8) Penny McDonald Lecture Rm**
 The Alexander Technique is a process of re-education of how we use ourselves. You learn how to use your body with more ease. It can help to: -
 - Relieve/prevent back, neck and limb pain, headaches, and other muscular-skeletal problems
 - Reduce tension in activities that are repetitive or strenuous such as bending, lifting, or typing
 - Improve performance in skilled activities such as dance, music, acting, or sport
 - Manage stress, improve well-being and self-understanding
 - Restore freedom of movement after an accident or chronic illness.
- A Art Appreciation at the TMAG (11.00am-12.45) (Max 12) Veronica Marshall TMAG**
 The course is designed to enhance your pleasure and understanding of current exhibitions.
Meet in the TMAG courtyard.

TUESDAY 11.30am – 12.30pm

- S Android Skills (Max 12) Graeme Ingram Board Room**
 This is an eight weeks course on using your Android Tablets and Phones. Topics include managing the settings on your devices, using popular email programs and contacts, security and popular apps.
- SS Reacting to the Australian Environment Stefan Petrow Lecture Theatre**
 This course emerges from environmental history as an interdisciplinary field of study. It explores aspects of how Australians reacted to the environment from 65,000 BCE with the Aboriginal relationship to the flora and fauna; early European reactions to the 'strange' and 'alien' environment, including in art and literature; and how Europeans coped with fire, flood, and drought and changed the environment through introducing new species that wreaked havoc on the fragile Australian continent. We end the course by looking at the development of an environmental consciousness in Australia (and Tasmania) from the late 19th century to the 'watershed' moment of the Franklin dam dispute in 1983.
- A The Art of Cartooning (11.30-1.30pm) Louis Rodway The Retreat**
 Louis tutors students in the skills of illustrating cartoons and developing creative ideas, including humour. Students should bring an A4 size sketchbook and soft pencils, 2B or 4B.

TUESDAY 1.30 am – 2.30 pm

- SS Let's Play Chess Self-conducted The Retreat**

WEDNESDAY 10.00 – 11.00 am

- L French for Travellers** **Elizabeth Eden** **The Retreat**
These sessions are designed for those who are interested in visiting France in reality or in their dreams! The course provides opportunities to practise simple conversation on a variety of topics.
- A Calligraphy** **Christine Farmer** **Board Room**
We will work with pen and ink on the script which was developed for speed and simplicity during the Renaissance, a most popular, versatile script in C21. In addition we can also work on a variety of projects suitable for beginners and continuers. There will be a small charge for materials.
- H Tasmania vs the British Empire: the fight to end transportation** **Alison Alexander** **Lecture Theatre**
Empires have kept their extended lands through force, from the time of the Romans onwards. The British Empire was no exception. It used Tasmania as a dumping-ground for criminals. When Tasmanian colonists objected to having criminals brought into their civil society, they faced a long battle, facing the weapons we have seen in similar situations round the world: intimidation, fake news, threats, police heavy-handedness, physical violence.

WEDNESDAY 11.30 – 12.30 pm

- SS An Introduction to Desktop Publishing (Max 10) (5 wks)** **Pieter Buining** **Board Room**
So you want to publish your family history. Chances are, desktop publishing is your solution. In this introductory program we will explore how to use open-sourced software to bring together a variety of elements to produce professional documents and give you the confidence to explore this powerful tool to meet your needs. **See separate description for full details, page 13.**
- L French for Beginners (5 wks, 21/7-18/8)** **Elizabeth Eden** **Board Room**
- SS Behind the News for Grownups** **Adela Morton** **Lecture Room**
Is celebrity culture not your idea of a satisfying news diet? Take a weekly look at Tasmanian, national, and international affairs. Have your say and listen to others, on what matters today.
- H A Potted History of South West Asia: the Middle East & Beyond** **Peter Jones** **Lecture Theatre**
This course is designed to cover an outline of the history of the area between Palestine and Afghanistan, starting with Palestine and the foundation of the State of Israel, Syria and Lebanon, the Arabian Peninsula, Jordan, Iraq, Persia/Iran, and Afghanistan.

WEDNESDAY 1.00 – 2.00/3.00pm

- SS Let's Play Bridge (1.00-2.00)** **Self-conducted** **The Retreat**
- A Drawing Continued (1.00-3.00)** **(Max 14) Jane Monaghan** **Board Room**
This is a continuation class for those with some drawing experience. Leadership/coordination in the group is shared by members, who take it in turn to choose the weekly tasks, sessions, and activities.

An Introduction to Desktop Publishing – fun and adventure (Max 10)

So you want to publish your family history. As good as word processors are, they are failing you as you try to get the right pagination and your images keep losing their captions and editing is becoming more than tedious. You can't explain why some photos give a very pixelated print and you want to add more than just photographs to your document. Chances are, Desk Top Publishing is your solution. In this introductory program we will explore how to use open-sourced software to bring together a variety of elements to produce professional documents and give you the confidence to explore this powerful tool to meet your needs.

Not sure this hands on course is for you? Send Pieter an email to pieter@buining.org

Draft Program

- Week 1:** The workflow in desk top publishing.
The Open Sourced software: LibreOffice or OpenOffice (or Word); GIMP, DrawPad Graphic Design Software, Scribus. Installation of the software. A look at the interface(s).
- Week 2:** Working with text. It should be ready – edited and proofed. Australian Style Manual.
Inserting text in Scribus. Master pages Pagination. Editing text
- Week 3:** Working with images – pixels– resolution – size – RGB and CMYK – expect a wild ride here!
Inserting images in Scribus. Editing images
- Week 4:** Putting it all together 1
Designing a special card. You'll never buy a card again! Think of the dollars saved!
- Week 5:** Putting it all together 2
Chapter 1 of your book. Focusing your newly acquired skills! (Sample text and images will be provided if you do not have your own.) Creating it and getting it ready for publication. PDFs
Paper – there is a lot to know size, gms, gloss and more.
How many copies - where do I get it printed? Have you thought about doing it yourself?

To get the most out of this program:

Enrol early, the class will be limited to ten people.

You will need to bring a laptop computer to class. Assume you will not have access to a power point.

Have pen and paper on hand.

Two weeks before the end of term 1 leave an empty USB stick (along with your name and address) at U3A for Pieter to provide you with the software. The stick will be returned to you a week later (P/U at U3A) allowing you plenty of time to install the software on your computer before classes commence.

NB

The focus over the next five weeks is on maximising your experience with using the software. Sorry in advance but there will not be time to help anyone with their computer hardware problems or with installing the software.

Familiarity with using software menus (menu tabs), basic file manipulation skills and use of the keyboard and mouse is a prerequisite.